

# St Margaret's NEWS

July 2016



## PLEASE DON'T BE A DNA

Despite our receptionists doing their best to accommodate patients needs, we are sure everyone has had times when they are unable to book appointments for when they want them. Patients who DNA (Do Not Attend) appointments are a large part of the problem we face at St Margaret's.



Since January 2016 we have now had a total of **173** Doctors appointments missed and **175** Nurses' appointments missed!!!!



Please help us free up these appointments by cancelling all unwanted appointments so that we can book in more patients. This would have a huge impact on availability of appointments on a daily basis....

## THINK SAFE, DON'T WASTE

- Are you still taking **ALL** the medicines on your prescription?
- Tell your GP if you have stopped taking any medicines.
- If you don't take it, don't tick it!
- Unwanted medicines in the home are a risk to everyone.
- Unused medicines cannot be recycled.

Before ordering your next repeat prescription talk to your GP or Pharmacist and ask them to review your current needs.

**Only Order**   
**What You Need**  
[www.medicinewaste.com](http://www.medicinewaste.com)

*In April this practice prescribed 11,414 items  
at a cost of £110,495.00*





The **NHS Health Check** is your chance to get your free midlife MOT. For adults in England aged 40-74 without a pre-existing condition, it checks your circulatory and vascular health and what your risk of getting a disabling vascular disease is.

If you're in the 40-74 age group without a pre-existing condition, you can expect to receive a letter from us inviting you to attend a free NHS Health Check. Don't worry if you haven't got your invitation yet, as you will be invited for one over the next few years or simply contact us and request to be booked in.

The reason we offer this service is, as we get older, we have a higher risk of developing something dangerous like high blood pressure, heart disease or type 2 diabetes. Your NHS Health Check can spot early signs and help prevent these happening to you, which means you'll be more likely to enjoy life for longer.

*And finally* some helpful information from Age UK: What to do when someone dies:



If someone dies in hospital the hospital will usually issue a medical certificate and formal notice. The body will usually be kept in the hospital mortuary until the funeral directors or relatives arrange a chapel of rest, or for the body to be taken home.

If the death was expected, call the family doctor and nearest relative immediately. The doctor will give you a medical certificate showing the cause of death. ***Please wait until you have this before you make an appointment at the registry office to register the death.*** They'll also give you a formal notice saying they've signed the medical certificate and telling you how to register the death. If the person is to be cremated, you'll need two certificates signed by different doctors.



If someone dies unexpectedly call an ambulance. If the family doctor hasn't seen them in the last 14 days, the death is reported to a coroner. A coroner is a doctor or lawyer responsible for investigating unexpected deaths. They may call for a post-mortem or inquest. This may take some time, so the funeral may need to be delayed.